








eLearning Catalogue






Contents






Construction	3
Driving & Transportation	11
Drugs & Alcohol	14
Electrical	16
Emergency	19
Ergonomics	21
Fall Protection.....	23
Fire.....	24
General	26
Hazardous.....	57
Healthcare	65
Industrial.....	69
Laboratory	72
Microlearning	75
Office	84



Construction






Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Aerial Lifts in Industrial and Construction	Topics covered in this program include the types of aerial lifts and the training required to operate them, the hazards associated with using aerial lifts, “pre-start” and “worksite” inspections, setting up, operating and moving an aerial lift, working on the ground near an aerial lift, etc.	English, Spanish	45	1	
Aerial Lifts in Industrial and Construction Environments: Working With And Around a Lift	The course discusses how to inspect an aerial lift, how to prepare to use a lift, how to operate an aerial lift and how to work on the ground near a lift safely.	English	14	1	
Caught In or Between Hazards in Construction Environments	Topics covered include what are caught in/between hazards, the three major types of caught in/between hazards, trenching, scaffolding, and demolition, vehicles and heavy equipment, powered tools and machinery, and etc.	English, Spanish	45	1	
Concrete and Masonry Construction	This course covers the OSHA regulations for employees involved in concrete and masonry construction.	English	30	1	

Confined Space Entry (CA)	This course provides the equivalent of the classroom portion of confined space training. Topics covered include the definitions of a confined space, developing confined space programs, confined space team member responsibilities and safe work practices, confined space entry permits, emergency response teams, and rescues.	English, French	30	1	
Confined Space Entry	Topics include current facts on confined space hazards, how a Permit Space Program reduces these risks, what roles one may play in a confined space entry, how to keep oneself and their coworkers safe inside, and more.	English, Spanish	27	1	
Construction Safety Struck-by and Caught-In or Between Hazards	This course provides information on struck-by hazards, including vehicles and cranes, falling or flying objects, and masonry walls. It also includes information on these caught-in and caught-between hazards: trenching, unguarded machinery, and equipment.	English	60	1	






Contractor Safety	This module provides you with a brief overview of the roles and responsibilities when dealing with contractors or service providers.	English	45	1	
Crane Safety in Industrial and Construction Environments	Topics covered include recent changes in the OSHA crane regulations, operator certification, equipment inspection and hazard assessment, boom, jib and overhead cranes, general and operational safety devices, crane operations and hand signals, working around power lines, and etc.	English	30	1	
Eye Safety in Construction Environments	Topics covered include, how to prevent eyestrain, protecting against particles and splashes, avoiding radiation hazards, what to do in case of an eye injury, and etc.	English, Spanish	45	1	
Fall Prevention and Fall Arrest	This course describes the various fall prevention methods for working at heights.	English	30	1	
Fall Protection in Industrial and Construction Environments	Topics covered include, preventing slips, trips and falls, edges, openings and "guarding", using portable and fixed ladders, working safely on scaffolding, personal fall protection, and etc.	English, Spanish	30	1	



Fire Safety (Construction)	This course teaches employees the OSHA standard for workplace safety regarding fire in the construction industry.	English	60	1	
First Aid in Construction Environments	Topics covered in this program include eye injuries, cuts, burns, abrasions, strains, sprains, fractures, shock, heart attack, cardiac arrest, choking, heat-related injuries, and etc.	English, Spanish	35	1	
Forklift Safety	Forklift incidents can be prevented, especially when employers and workers work together to improve safety and health at work.	English	30	1	
GHS Container Labels in Construction Environments	Topics covered include the goals of the hazard communication standard, the benefits of the GHS system, GHS hazard pictograms, the text elements of GHS container labels, and etc.	English, Spanish	45	1	
GHS Safety Data Sheets in Construction Environments	Topics covered include SDSs, hazard communication and the Globally Harmonized System, materials and the hazards that are associated with them, how to respond effectively to a HAZMAT emergency, handling and storing hazardous materials, important technical information about HAZMATs, and etc.	English, Spanish	45	1	

Hand and Power Tool Safety in Construction Environments	Topics covered include, hand and power tool hazards, tool inspection and maintenance, personal protective equipment (PPE), using electrical power tools safely, preventing kickbacks, reducing hazards in a work area, and etc.	English, Spanish	45	1	
Hand, Wrist, and Finger Safety in Construction Environments	Topics covered include the hand's design and structure, safe work practices, preventing ergonomic injuries, choosing tools and using them safely, selecting the best gloves for the job, and etc.	English, Spanish	30	1	
Hazard Communication in Construction Environments	Topics covered include GHS Safety Data Sheets and container labels, toxins corrosives and irritants, flammables combustibles, and gasses, carcinogens and radiation, PPE and chemical storage, and more.	English, Spanish	45	1	
Heat Stress in Construction Environments	'Topics covered include, situations that can cause heat related illnesses, heat stress and the body's cooling system, other heat-related illnesses, preparing to work in hot environments, engineering controls, treating heat-related illnesses, and etc.	English, Spanish	45	1	
Introduction to GHS (The Globally Harmonized System) for Construction Workers	This program is designed to review what the Globally Harmonized System is all about, why OSHA adopted the GHS, and the phase-in dates for implementing the GHS.	English, Spanish	45	1	




Introduction to OSHA (Construction)	This course takes a look at the OSH Act which created OSHA, OSHA's role in making workplaces safer, and OSHA's general requirements for construction workplaces.	English	120	1	
Ladder Safety: Construction	Topics covered include ladder selection, inspection before use, setting up and moving ladders, climbing on ladders, ladder accidents, and etc.	English, Spanish	45	1	
Lead Exposure in Construction Environments	Topics covered include the health effects of lead exposure, the OSHA lead standard for construction, compliance programs, risk assessment and monitoring, PPE and respiratory protection, housekeeping and decontamination, medical surveillance and removal, and etc.	English, Spanish	45	1	
OSHA 10 Hr Construction Interactive Online Training	OSHA 10 Hour Construction training sets the cornerstone for a safe and productive construction site. Meet compliance and regulatory needs and ensure that your construction workforce has been properly trained with Online OSHA 10 training.	English, Spanish	600	18	
OSHA 30 Hr Construction Interactive Online Training	OSHA 30 Hour Construction training sets the cornerstone for a safe and productive construction site. Meet compliance and regulatory needs and ensure that your construction workforce has been properly trained.	English	1800	33	






Personal Protective Equipment In Construction Environments	Topics covered include general workplace injury information, PPE for head hazards, PPE for eye and face hazards, PPE for respiratory hazards, PPE for hand and finger hazards, PPE for foot hazards, PPE for electrical hazards, and more.	English, Spanish	45	1	
Pipeline Construction Safety Overview	This course explores the requirements for constructing oil and gas pipelines safely. Learn about the rights and responsibilities of everyone at the work site, the steps in pipeline construction, the hazards of different types of pipeline construction work and the ways to identify and minimize the associated risks.	English	120	1	
Rigging Safety in Industrial & Construction Environments	Topics covered include rigging and crane safety, choosing the right sling for the load, types of hitches and how to use them, standard hand signals, lifting, moving and lowering a load safely, and etc.	English	30	1	
Safe Lifting in Construction Environments	'Topics covered include the back's structure and function, preparing for a lift, the mechanics of safe lifting, planning a carry, and etc.	English, Spanish	45	1	
Safety Orientation in Construction Environments	Topics covered include preparing mentally for the job, safety housekeeping, accident prevention, personal protective equipment, safe work practices, preparing for emergencies, and etc.	English, Spanish	35	1	




Scissor Lifts in Industrial and Construction Environments	Topics include the various types of scissor lifts, the hazards that are associated with these lifts, and information needed to work safely whether using a lift or working around one.	English, Spanish	45	1	
Silica Safety in Industrial and Construction Environments	'Topics covered include, the hazards of respirable crystalline silica, OSHA's silica safety standards, exposure to silica dust in the workplace, a silica dust exposure control plan, control systems, safe work practices and PPE, medical surveillance and recordkeeping, and etc.	English, Spanish	30	1	
Slips, Trips and Falls in Construction Environments	'Topics include situations that can lead to slips, trips and falls, and what organizations can do to avoid or prevent these accidents, with a specific focus on the construction industry.	English, Spanish	45	1	
Steel Erection (Construction)	This course covers the OSHA Construction standards for employees involved in steel erection activities.	English	40	1	
Struck By Hazards in Construction Environments	Topics covered include describing struck-by hazards, personal protective equipment, traffic safety, heavy equipment, hand and power tools, masonry walls, overhead work, and building materials, and etc.	English, Spanish	45	1	

Suspended Scaffolding Safety in Construction Environments	Topics covered include responsibilities of a "scaffold expert", platforms and planking, the danger of power lines, platform hazards, personal fall arrest systems, guarding against falling objects, and etc.	English, Spanish	45	1	
Walking and Working Surfaces in Construction Environments	Topics covered include, construction's unique walking and working surface environment, floors and pathways, stairs and fixed ladders, portable ladders, scaffolding, and etc.	English, Spanish	45	1	




Driving & Transportation



Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Defensive Driving	Topics covered include defensive driving, blind spots, stop-look-listen, pedestrian courtesy, vehicle maintenance, sharing the road, dangers of drowsy driving, aging, and driving, speed limit, road rage, drinking and driving, hydroplaning, post-accident, cell phones - texting - iPods, etc.	English, French	20	1	
Distracted Driving	Topics covered include the cost of distracted driving, “multi-tasking”, technology and distraction, eliminating distractions before you drive, cell phones, fighting distraction on the road, etc.	English, Spanish	45	1	
DOT Alcohol and Drug Rules	This program is a general overview of the Federal Motor Carrier Safety Administration's (FMCSA) Alcohol and Drug Test Rules for persons required to obtain a Commercial Driver's License (CDL).	English	50	1	

Driving Defensively	Topics covered include the fundamentals of driving defensively, dealing with distracted drivers, coping with aggressive drivers, using your headlights, driving safely in bad weather, handling a blowout, sharing the road with trucks and buses, etc.	English, Spanish	45	1	
Driving In Extreme Weather Conditions	The information in this program will reinforce safety practices when you drive and work in extreme weather conditions.	English	10	1	
Driving Safety	Topics covered include inspecting the vehicle, adjusting seats, mirrors and other equipment, mental preparation, and concentration, passing another vehicle, sharing the road with trucks and buses, school bus encounters, driving at night, adverse weather conditions, skidding and hydroplaning, distracted driving, road rage, what to do in case of an accident, etc.	English, Spanish	45	1	
Driving Safety: The Basics	Topics covered include preparing to drive safely, the fundamentals of safe driving, driving with other vehicles, driving at night and in bad weather, distracted driving, and road rage, handling an emergency, etc.	English, Spanish	45	1	
Transportation of Dangerous Goods (Full Course)	Topics covered include classification, documentation, dangerous goods safety marks, means of containment (packaging), training, emergency response assistance plans (ERAP), reporting requirements, etc.	English	180	1	

Transportation of Dangerous Goods (TDG): Overview	Topics include the requirements of the Transportation of Dangerous Goods Act and the Transportation of Dangerous Goods Regulations.	English, French	90	1	
Vehicle Inspection	Topics included in this safety video are: the pre-trip inspections enable you to detect any damage that may have occurred while somebody else was driving the vehicle and the en route check. This program shows the drivers' responsibilities for vehicle inspection and the systematic procedure for conducting the inspection.	English	19	1	
Winter Safety	Topics covered include how to keep warm in the cold, driving safely in sloppy weather, having fun, and staying safe outdoors, avoiding the hazards of holiday decorations, celebrating the season responsibly, etc.	English, Spanish	30	1	

Drugs & Alcohol





Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Cannabis - Workplace Implications	Topics include impairment in general and impairment from cannabis in particular, the signs and symptoms of workplace impairment, strategies for intervention and reporting, and employer initiatives for impaired workers, etc.	English, French	45	1	
Dealing with Drug and Alcohol Abuse... for employees in Construction Environments	Topics covered include substances that are often abused, alcohol, marijuana and other depressants, stimulants and narcotics, how people get "hooked", drug dependency, becoming a substance abuser, alcohol and drug policies, overcoming substance abuse, and etc.	English, Spanish	45	1	
Dealing with Drug and Alcohol Abuse... for Managers and Supervisors in Construction Environments	Dealing with Drug and Alcohol Abuse... for Managers and Supervisors in Construction Environments	English, Spanish	45	1	




Dealing with Drug and Alcohol Abuse for Employees	Topics covered include how substance abuse can affect a workplace, related laws and regulations, creating an alcohol and drug-free workplace, the roles of education and testing, recognizing on-the-job substance abuse, how to handle substance abuse situations, etc.	English, Spanish	45	1	
Dealing with Drug and Alcohol Abuse... for Managers and Supervisors	Topics covered include how substance abuse can affect a workplace, laws and regulations related to substance abuse, how to help create an alcohol and drug-free workplace, the role of education and testing in preventing substance abuse, recognizing on-the-job substance abuse, how to handle substance abuse situations, etc.	English, Spanish	45	1	

Electrical





Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Basic Electrical Safety in The Workplace Online Training	Topics covered include how electricity works, electric shock prevention, safety tips, etc.	English	11	1	
Electrical Hazards	This course covers methods in recognizing electrical hazards.	English, French	30	1	
Electrical Safety	Topics covered include the basics of electricity, circuits, and the flow of electrical current, recognizing and avoiding electrical hazards, special electrical work environments, dealing with an electrical accident, etc.	English, Spanish	35	1	
Electrical Safety for Qualified Workers	Topics covered include the definition of a qualified worker, approach boundaries, the shock hazard of electricity, voltage-rated gloves and PPE, the arc flash boundary, PPE levels of arc flash protection, creating and verifying an electrically safe work condition and exceptions when energized work is allowed, etc.	English, Spanish	20	1	
Electrical Safety in HAZMAT Environments: HAZWOPER	Topics covered include arcs, sparks, and high temperatures, the National Electrical Code's three HAZMAT classes, engineering controls, safe work practices, intrinsically safe electrical systems, isolating machinery, purging, inerting and pressurization, confined spaces, uncontrolled electrical sources, etc.	English	45	1	



Annual access to eLearning health and safety courses from our library. Any access not used up during the annual term expires and does not carry over. Access to additional courses may be purchased in blocks of 50. A course is considered accessed when it is assigned to a user.

Electrocution Hazards in Construction Part I	Topics covered include electrical hazards and OSHA standards, high voltage power lines, tools, extension cords and receptacles, grounding, continuity and GFCIs, lockout/tagout, etc.	English, Spanish	30	1	
Electrocution Hazards in Construction Part II	Topics covered include, electricity, OSHA, and employee safety, working near power lines, safe practices for using electrical tools and cords, reducing ground fault hazards, energy isolation and equipment guarding, lock-out/tag-out, etc.	English, Spanish	30	1	
Lockout/Tagout - Electrical Sources of Energy	Topics include finding out how to correctly and effectively complete electrical lockout/tagout procedures in the workplace.	English, French	30	1	
Lockout/Tagout - Other Sources of Energy	Topics covered include knowing the other sources of energy and how to identify them, providing the basic knowledge required to correctly complete lockout procedures on all identified energy sources, understanding the importance of following established company policies and procedures regarding lockout/tagout, etc.	English, French	30	1	

Mark Standifer's Electrical Safety Briefing	Topics covered include what information is found on an arc flash/electrical hazard warning label, why we must wear the appropriate voltage-rated gloves and FR-rated clothing when performing electrical work, why we shouldn't wear cotton and synthetic clothing around electrical hazards, why all jewelry must be removed when working on electrical equipment, why we must think about what we are doing when undertaking electrical tasks, etc.	English, Spanish	20	1	
Safe Electrical Work Practices and the 2018 NFPA 70E	Topics include the important changes and updates contained in the 2018 NFPA 70E and explain how electrical workers can be protected from both the shock hazard and arc flash hazard presented by exposed energized parts.	English	45	1	
To The Point About Preventing Electric Shock	Topics covered include common electrical terminology, avoiding contact with energized parts, ground fault circuit interrupters, responding to a shock event, etc.	English, Spanish	30	1	





Emergency

Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Active Shooter: Surviving an Attack	Topics covered include preparing for the unpredictable, recognizing and surviving an attack, running from a shooter, hiding from a shooter, fighting a shooter, what to do when the police arrive, etc.	English, Spanish	45	1	
Bloodborne Pathogens in First Response Environments	Topics covered include HIV, hepatitis and sources of infection, the Exposure Control Plan, biohazard labeling, reducing the risk of exposure, personal protective equipment, hepatitis vaccinations, post-exposure procedures, etc.	English, Spanish	45	1	
DAL - Dealing with the Media in Emergency Situations: HAZWOPER	Topics covered include establishing a relationship with the media before a crisis occurs, the duties and responsibilities of the public information officer (PIO), early response to the media during an incident, ensuring the safety of the media, unauthorized communication with the media, the consequences of rumors and misinformation, etc.	English	45	1	
Emergency Planning	Topics covered include the emergency planning process, the threat of terrorism, your role in emergency planning, emergency action drills... the process, emergency action drills... playing your part, etc.	English, Spanish	45	1	




Planning for Laboratory Emergencies	Topics covered include the emergency plan, types of emergencies, alarms and warning systems, contacting outside agencies, evacuation, fires, explosions, and chemical spills, etc.	English	45	1	
The Emergency Response Plan: HAZWOPER	Topics covered include the purpose of an emergency response plan, the chain of command, responsibilities of the incident commander, responsibilities of the HAZMAT specialist, responsibilities of the HAZMAT technician, responsibilities of the first responder, communication procedures and the buddy system, personal protective equipment, etc.	English	45	1	

Ergonomics





Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Back Safety in Industrial Environments	Topics include back safety, methods of prevention, etc.	English	45	1	
Back Safety in Office Environments	Topics covered include the back and how it works, different types of back injuries, better posture for a healthier back, how to lift things safely, taking care of your back 24/7, etc.	English	45	1	
Back Safety Spanish	Topics covered include the back and how it works, different types of back injuries, better posture for a healthier back, how to lift things safely, taking care of your back 24/7, etc.	Spanish	45	1	
Everyday Ergonomics	Topics include how the office job creates a distinct set of demands on the body. Furthermore, it examines the tools that can be used to ensure that each employee performs their job in the most effective and safe way possible.	English, French	24	1	
Industrial Ergonomics	Topics covered include physiology of the body, parts of the body most affected, eye strain, pragmatic preventative measures, correct use of office equipment, exercises, and stress release, etc.	English, Spanish	45	1	




Materials Handling Safety	Topics covered include preparing yourself to work safely, understanding “ergonomics”, safe lifting... step-by-step, hand trucks and dollies, platform trucks, carts and pallet jacks, forklift safety, etc.	English, Spanish	45	1	
Office Ergonomics	Topics covered include the ergonomic hazards and risks of office work and measures to control them.	English	30	1	
Office Ergonomics	Topics covered include physiology of the body, parts of the body most affected, eye strain, pragmatic preventative measures, correct use of office equipment, exercises, and stress release and more, etc.	English, Spanish	45	1	
Understanding and Controlling Ergonomic Risk Factors	Topics include ergonomics, risk factors, symptoms, preventative action, etc.	English	20	1	

Fall Protection





Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Fall Protection (Construction)	OSHA requires fall protection if work is done at six feet or higher. Personal fall system protection can be a full body harness, lanyard, snap hooks and an anchorage point. Employees must be kept informed of fall protections, OSHA standards, equipment and everything necessary to prevent falls.	English	20	1	
Ladder Safety	Topics covered include ladders made of different materials: wood, aluminum and fiberglass, step, trestle, and platform ladders, straight and extension ladders, fixed ladders on buildings, tanks, etc.	English, French	15	1	
Ladder Safety	Topics covered include ladders made of different materials: wood, aluminum and fiberglass, step, trestle, and platform ladders, straight and extension ladders, fixed ladders on buildings, tanks, etc.	English, Spanish	15	1	

Fire

Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Fire Prevention in Healthcare	Topics covered include how fires burn, the four most common classes of fires, dealing with a fire emergency, patient safety and evacuation procedures, fire hazards in healthcare environments, controlling electrical hazards, etc.	English, Spanish	45	1	
Fire Prevention in the Office	Topics covered include how fires burn, the four most common classes of fires, extinguishing fires, preventing fires in the office, dealing with a fire emergency, etc.	English, Spanish	45	1	
Fire Safety and Emergency Preparedness (General Industry)	This course covers the OSHA standards for fire prevention and emergency preparedness.	English	120	1	
HAZWOPER Fire Prevention: HAZWOPER	Topics covered include the three components of fire, sources of ignition, types of fuel, the four classes of fire, approved storage containers, safety measures during a chemical spill, using fire extinguishers, evacuation procedures, etc.	English	45	1	




Hot Work Safety and the Permitting Process	Topics covered include hot work and its hazards, the purpose of a hot work permit, first steps in the permitting process, preparing the work area, performing hot work safely, hot work in confined spaces, etc.	English, Spanish	45	1	
Safety in Fire Prevention	Topics covered include fire prevention techniques, the types and classes of fires and fire extinguishers, and first aid procedures for dealing with fire-related injuries.	English	30	1	
Using Fire Extinguishers	Topics covered include how fires burn, “classes” of fires, dry chemical and carbon dioxide extinguishers, water, and foam extinguishers, using a fire extinguisher, maintaining fire extinguishers, etc.	English, Spanish	45	1	

General

Course Name	Description	Language S	Runtime e Minutes	Number of Accesses Required*	Country Course Produced
6 Steps of LOTO	This 10-minute Safety Shortcut covers the 6 Steps to Lockout/Tagout.	English	10	1	
Accessibility for Ontarians with Disabilities Act eLearning (AODA)	This Accessibility for Ontarians with Disabilities Act online training course was designed to help you learn about the Accessibility for Ontarians with Disabilities Act (AODA). This course will help you get informed about the AODA and IASR in one course.	English	45	1	
Accessibility Standards Training	The course reviews the general requirements in the areas of customer service, information and communication, employment, transportation, and the design of public spaces regarding disabilities.	English	60	1	
Accident Investigation	Topics covered include accidents and near misses, investigations and root cause analysis, the role of tools and equipment in accidents, the importance of training, the role procedures play in preventing accidents, learning from accidents, etc.	English, Spanish	13	1	

Arc Flash Safety NFPA 70E	Topics covered include shock and how to avoid it, what is arc flash, personal protective equipment, creating an electrically safe condition, avoiding arc flash situations, etc.	English, Spanish	60	1	
Asbestos (Construction) Online Course	This course discusses the extensive rules for Asbestos related construction work, including rules for air monitoring, medical surveillance, respiratory protection, safe work practices, and more, that are designed to keep workers safe and free from asbestos-induced illnesses.	English	60	1	
Asbestos Awareness - French	Topics covered include what asbestos is and where it can be found, including different asbestos uses, the health concerns and how to evaluate exposure to asbestos, and the legislation concerning asbestos and provide an overview of workplace asbestos control strategies.	French	30	1	
Asbestos Cement Pipe Safety	Topics covered include, hazards of asbestos, OSHA's asbestos standard, composition and nature of asbestos, types of materials that may contain asbestos, and where they are encountered, limiting exposure to asbestos, how to protect yourself when disturbing a material that may contain asbestos, air monitoring and decontamination, etc.	English	45	1	
Backhoe Loader Operations	This program covers the maintenance and operation of a backhoe with an emphasis on safety.	English	20	1	

Bloodborne Pathogens: Standard Precautions in the Workplace	This course provides information and standard precautions in the workplace related to bloodborne pathogens. Bloodborne Pathogens are infectious "microorganisms that are present in human blood and can cause disease in humans."	English	18	1	
Bomb Threat Procedures	This course covers the procedures for dealing with a bomb threat to create safer homes and workplaces.	English	19	1	
Brian's Story: You Can Make a Difference	In this powerful presentation, Jeff Bell introduces his son Brian and takes the audience step by step through the events leading to his death.	English, Spanish	20	1	
Bullying and Other Disruptive Behavior for Employees	Topics covered include bullying and its effects, other disruptive behavior, "coaching" your department about bullying and disruption, handling a report of bullying or other disruption, "informal responses" and "awareness intervention", additional levels of intervention, etc.	English, Spanish	45	1	
Bullying and Other Disruptive Behavior for Managers and Supervisors	Topics covered include bullying and its effects, other disruptive behavior, "coaching" your department about bullying and disruption, handling a report of bullying or other disruption, "informal responses" and "awareness intervention", additional levels of intervention, etc.	English, Spanish	45	1	






CAL OSHA New Laws On Serious Injuries	<p>Federal OSHA has been critical of California due to being lax on "serious" violations associated with inspections and investigations. The Federal government wants California to significantly increase penalties especially those classified as serious. In order to address these concerns, California State Assembly Bill 2774 was adopted on January 1, 2011.</p> <p>This program reviews the meaning of the new law AB2774, legal issues, mitigating serious hazards, and how employers can prepare for the changes.</p>	English	10	1	
Cell Phones in The Workplace - A Dangerous Distraction	<p>This program discusses how sending and receiving text messages can cause us to lose focus on doing our jobs safely and efficiently as well as the importance of always following your company's policy regarding cell phone use.</p>	English, Spanish	15	1	
Chainsaw Safety	<p>Topics include safety tips and the hazards of chainsaws.</p>	English	20	1	

Chemical Hygiene and Engineering	Topics covered in this safety video include chemical hygiene plan, engineering controls i.e. laboratory fume hoods, glove boxes, local exhaust systems, laboratory fume hoods, passageways and aisles, emergency exits, exits, stairs, and passageways, fire doors, glare-free lighting, bench tops, fully functional sink with a drain and pressurized water, housekeeping, emergency showers and eye wash stations, first aid supplies, spill supplies, fire suppression equipment, and chemical fume hoods.	English	30	1	
Chemical Safety	This course covers the importance of being informed and aware of chemicals in the workplace and chemical safety.	English	7	1	
Cold Stress: Working Safely in Cold Weather	This course covers the risk of working outdoors in the cold as well as the precautions and methods to avoid them.	English	10	1	
Compressed Gas Cylinders	Topics covered include types of gases and their cylinders, the hazards of cylinders and the gases they contain, storing compressed gas cylinders, handling cylinders safely, installing compressed gas cylinders, finding, and dealing with leaks, etc.	English, Spanish	45	1	
Conducting Safety Audits	This course explores the steps involved in conducting a workplace safety audit.	English	30	1	

Conducting Workplace Inspections	In this course, one will learn how to plan and conduct efficient workplace inspections.	English	30	1	
Confined Space Entry: Plan and Prepare	Topics include understanding what a confined space is, the hazards associated with it and the steps to follow to maintain a safe work environment.	English, French	30	1	
Confined Spaces: Acceptable Entry Conditions	This training program provides employees with the information they need to stay safe in Permit Spaces and helps employers stay in compliance with OSHA requirements... whether they are doing general industry or construction type work.	English	20	1	
Crane Safety Spanish	Topics covered include different types of cranes, crane hazards and safety standards, conducting a crane safety inspection, preparing a boom crane for a lift, lifting, moving, and landing a load, etc.	Spanish	30	1	
Cyber Crime (Law Enforcement/Fire/Security)	Topics covered include how individuals working for any company may commit criminal acts, perhaps without even knowing or realizing it, privacy, etc.	English	45	1	
Diversity in the Workplace for Employees	Topics covered include what is diversity, the benefits of a diverse workplace, stereotyping, bias, and discrimination, building diversity skills and more, etc.	English	35	1	





Diversity in the Workplace for Managers and Supervisors	Topics covered include what is diversity, the benefits of a diverse workplace, stereotyping, bias, and discrimination, making a personal commitment to diversity, promoting diversity in your department, etc.	English	35	1	
Due Diligence	This module will provide a clear understanding of the legal requirements necessary for compliance as well as the implications of non-compliance regarding Due Diligence.	English	45	1	
Earthquake Preparedness	In this course, one will learn how to prepare for earthquakes, as well as how to stay safe when and after an earthquake occurs.	English	30	1	
Effective Joint Health and Safety Committees	In this course, we will discuss how Joint Health and Safety Committees (JHSCs) are set up, what they do and how to make them work effectively in your workplace.	English	45	1	
Electric Pallet Jack	Topics include basic safety tips and maintenance procedures and more.	English	12	1	
Employer's Rights After an OSHA Inspection	The information covered in this program is from the U.S. Department of Labor, OSHA, and 1989 Revised OSHA 3000 booklet. Refer to Occupational Safety and Health Act of 1970 or for any standards issued by OSHA.	English	13	1	

Evacuation Procedures Training	Topics covered include the Evacuation Team, preparing yourself for an evacuation, basic evacuation procedures, evacuating multi-story buildings, coping with fires and explosions, dealing with HAZMAT emergencies, etc.	English, Spanish	45	1	
Eye Safety	Topics covered include how to prevent eyestrain, protecting against particles and splashes, avoiding radiation hazards, what to do in case of an eye injury, etc.	English, Spanish	60	1	
Fighting Fatigue in the Workplace	Topics include the causes of fatigue, the hazards that it creates and what employees can do to avoid it.	English	30	1	
First Aid	This video program shows employees that knowing basic first aid can often limit the severity of any type of injury, or even prevent a death. The video program comes with a comprehensive leader's guide, reproducible scheduling & attendance form, employee quiz, training certificate and training log.	English, Spanish	45	1	
Fitness and Wellness	Topics covered include identifying bad habits that negatively affect personal health, seeking the proper help for quitting smoking, detecting high blood pressure early, modifying behaviors to achieve a healthier lifestyle, implementing a "weight control plan", etc.	English, Spanish	45	1	

Food Service Safety and Sanitation	Topics include protection from contamination, bacteria, temperature control, hygiene and personnel practices, communicable diseases/injuries, handwashing, personal cleanliness, and conduct, outside surroundings, overhead structures and lighting, non-food chemicals, general cleanliness and housekeeping, cleaning and sanitizing equipment, and pest control.	English	20	1	
Forklift Safety, Industrial Counterbalance Lift Trucks	Topics covered include what makes forklifts different, driving a forklift safely, using the mast and forks, operating safely in the workplace, inspecting a forklift, refueling and recharging safely and more, etc.	English	60	1	
Forklift: Certify and Comply	Topics covered include OSHA certification, basic forklift principles, pre-trip planning, two main types of forklifts, operating the forklift safely, handling and moving loads driving in dangerous situations, etc.	English	35	1	
Front End Loader Safety	This course covers the dangers of using a front-end loader and how to safely operate it.	English	15	1	
GHS Safety Data Sheets	Topics covered include SDSs, hazard communication and the globally harmonized system, materials and the hazards that are associated with them, how to respond effectively to a HAZMAT emergency, handling and storing hazardous materials, important technical information about HAZMATs, etc.	English	45	1	




Golf Cart Safety	Topics include the safety responsibilities in maintenance and operating a golf cart and more.	English	25	1	
Ground Disturbance Awareness	Topics covered include the dangers of hitting existing buried facilities, the risks involved, how ground disturbance projects can be undertaken safely and efficiently without damaging existing infrastructure, etc.	English	45	1	
Ground Fault Circuit Interrupter	Insulation and grounding are two recognized means of preventing injury during electrical equipment operation. Grounding may be achieved through the use of direct connection to a known ground such as a metal cold water pipe. Electrical safety is much more than plugging your equipment into a receptacle and beginning work.	English	11	1	
Hand & Power Tool Safety	Topics covered include hand and power tool hazards, tool inspection and maintenance, personal protective equipment (PPE), using electric power tools safely, preventing "kickbacks", reducing hazards in a work area, etc.	English, Spanish	30	1	
Hand Safety and Injury Prevention	This course covers methods in using utility knives safely to avoid cuts to the hands and fingers.	English	15	1	

Hand, Wrist and Finger Safety	Topics covered include the hand's design and structure, safe work practices, preventing ergonomic injuries, choosing tools, and using them safely, selecting the best gloves for the job, etc.	English, Spanish	30	1	
Handling a Sexual Harassment Investigation	Topics covered include what is sexual harassment, company policy and preventing harassment, conducting an ethical investigation, beginning an investigation, gathering the facts, resolving the situation, and more.	English, Spanish	30	1	
Handling Violence in the Workplace	This course will help prepare oneself and the company to effectively manage violent situations should they occur.	English	45	1	
Hazard Communication in Hospitality Environments	This course discusses the requirements of the HAZCOM Standard, the hazards that can be associated with different types of HAZMATs, and what employees can do to avoid these hazards.	English	30	1	
HAZWOPER: Respiratory Protection	This program assists facilities in complying with the employee training requirements of OSHA's HAZWOPER regulation (29 CFR 1910.120), and helps employees avoid exposure to hazardous materials. The program instructs employees who deal with hazardous materials about how to protect themselves from respiratory hazards.	English	45	1	

HAZWOPER: Understanding Chemical Hazards	This program assists facilities in complying with the employee training requirements of OSHA's HAZWOPER regulation (29 CFR 1910.120), and introduces employees to chemical hazard regulations and provides training on the various types of hazardous chemicals found in industrial environments.	English	45	1	
Health & Safety Awareness [CAN]	This course outlines key rights and responsibilities of different groups in the workplace: employers, supervisors, and workers. It also highlights how one can learn and apply safe workplace practices.	English	45	1	
Health & Safety for Small Business [CAN]	In this course, we will review the business case for workplace health and safety, then go on to outline key health and safety issues that all small business owners should be aware of.	English	75	1	
Hearing Conservation and Safety	This program has been created specifically to involve employees in the process of understanding noise hazards and to help facilities in fulfilling the OSHA Occupational Noise Exposure and Hearing Protection Standard (29 CFR, 1910.95) training requirements. The video program reviews why employees should pay attention to noise hazards, and how they can protect themselves from hearing injuries.	English, Spanish	45	1	

Heat Stress	This video program reviews how heat affects the body, the steps that employees can take to prevent heat stress, and elementary first aid that can be given to a worker who has been affected by a heat-related illness.	English, Spanish	45	1	
Housekeeping on the Job Site	In every working environment, one of the most important employee responsibilities is to maintain a clean, neat and orderly workplace. There's always time enough to keep your work area clean. Participating in the safety program means greater job efficiency, productivity and an injury-free work environment.	English	10	1	
How To Fit Test Respirators	There are a variety of gases, fumes, vapors, dusts, mists, and other potentially hazardous materials in many industries. Protection from health hazards is a goal of all employers and employees.	English	10	1	
Hydrogen sulfide Employee Training Interactive Online Training	Topics include characteristics of hydrogen sulfide, symptoms of H2S exposure, exposure limits, use of respiratory protection, confined space entry, warning devices and monitoring systems, evacuation procedures and safety tips for working in H2S-prone areas.	English	30	1	







Hydrogen Sulfide Safety	Topics covered include hazard properties of hydrogen sulfide, recommended protective clothing, symptoms of exposure, offensive versus defensive strategies in fire situations, monitoring equipment and methods, ventilation operations, etc.	English	27	1	
I Can't Get No Traction	The program features a variety of realistic slip, trip and fall stunts that teach memorable lessons on distracted walking, running, poor housekeeping, improper ladder use, spills, moving equipment and wearing improper footwear.	English	4	1	
I Chose to Look the Other Way - Three Stories of Workplace Safety	This course covers three common scenarios of workers not speaking up about safety. This includes failure to follow lockout/tagout, an employee neglecting to wear PPE and a worker choosing not to wear fall protection as the primary causes of incidents that result in fatalities.	English, Spanish	13	1	
I2P2: Injury and Illness Prevention Programs	Topics covered include important information on how this organized approach to workplace safety can significantly reduce accidents and injuries, and how the workers themselves can play a major role in making the program work.	English, Spanish	45	1	
Incident Investigation	Topics include understanding how and why incidents in the workplace are investigated as well as examining the process of Root Cause Analysis and presenting good safety practices that can help prevent incidents from occurring.	English	30	1	





Incident Investigation: Root Cause to Corrective Action	OSHA stresses the importance of reporting and investigating incidents that cause injury or illness on your job sites. The investigation and tracking of incidents allow your company to understand safety risks and proactively use training or interventions to prevent future incidents. This program digs more into the proactive ways to address incidents.	English, Spanish	20	1	
Indoor Air Quality	Topics covered include the sources of air contamination, adhesive/solvent fumes, and vehicle exhaust, how a building's occupants affect indoor air quality, the importance of proper housekeeping, smoking and second-hand smoke, the use of humidifiers and dehumidifiers, pollutant pathways, including air ducts and crawlspaces, heating and air conditioning systems, the signs and symptoms of poor air quality, etc.	English	45	1	
Information Security	Topics include identifying the safeguards needed to ensure the confidentiality, integrity and security of the information that employees work with and more.	English	45	1	

Introduction to GHS	Topics covered include what is the globally harmonized system?, why did OSHA adopt the GHS?, hazard classification, the "Safety Data Sheet", container labeling (text elements), container labeling (pictograms), information and training, GHS "phase in" dates, and etc.	English, Spanish	45	1	
Introduction to GHS Regulatory Compliance	This program is designed to review what the Globally Harmonized System is all about, why OSHA adopted the GHS, and the phase-in dates for implementing the GHS.	English, Spanish	45	1	
Introduction to OSHA	This program discusses the rights and responsibilities employees and employers have under OSHA and how the agency enforces its regulations.	English	45	1	
Job Safety Analysis	This course provides the steps to be taken when performing a Job Safety Analysis.	English	12	1	
Job Safety Analysis, Safety Awareness and You	Topics covered include what a job safety analysis and when one should be performed, what information a completed JSA should contain, how the process of developing a JSH works, what safety awareness is, how the practice of hazard recognition can help employees avoid injuries, what situational awareness is and why workers must not lose it, what the causes, as well as signs and symptoms of loss of awareness, what corrective actions can be taken once an employee notices signs and symptoms of awareness loss, and etc.	English, Spanish	17	1	

Just A Second Ago: The Brad Livingston Story	This course shows a story of how Brad Livingston underwent unsafe actions to demonstrate the importance of safety in the workplace.	English, Spanish	21	1	
Lead Exposure in General Industry	Topics covered include the health effects of lead exposure, the OSHA lead standards for general industry, compliance programs, risk assessment and monitoring, PPE and respiratory protection, housekeeping and decontamination, medical surveillance and removal, etc.	English, Spanish	45	1	
Loading Docks: Safe Work Practices	From preventing falls or back injuries through safe work practices to installing protection barriers, safety directors and supervisors should take preventative measures to ensure their loading docks meet OSHA standards. Ensuring safe practices, such as using wheel chocks and locking systems, can prevent serious, and even fatal accidents. This way, everyone gets to go home after completing a safe and productive workday.	English, Spanish	25	1	
Lock Out Tag Out	Topics covered include the need for an energy control program, lockout/tagout devices and how to use them, how to release stored energy, special lockout/tagout situations, working with electrical, hydraulic, and pneumatic system, lockout/tagout release procedures, etc.	English, Spanish	60	1	

Lockout Tagout HES	Hazardous Energy Source "Lockout/Tagout" program explains the basic procedures and terminology and general requirements.	English	10	1	
LOTO: Secure Safely	Topics covered include employer responsibilities, employee responsibilities, when training is necessary, energy sources, energy control devices, tagout limitations, etc.	English	35	1	
Machine Guard Safety	Topics covered include dangerous mechanical motions, types of machine guards, guarding points of operation, safety devices, safe work practices, etc.	English, Spanish	60	1	
Making Safety Work: An Overview of Workplace Safety and Employee Responsibilities	Topics include an overview of common workplace hazards and how they are to be controlled while also demonstrating the importance of each employee's commitment and participation in the safety effort.	English	21	1	
Managing Workplace Stress	The Managing Workplace Stress module provides an overview of stress experienced by employees.	English	60	1	
Manual Pallet Jack Safety	This course covers the dangers of using a manual pallet jack and how to safely operate it.	English, Spanish	20	1	
More High-Impact Lockout/Tagout Safety	Topics covered include the importance of controlling hazardous energy in all required situations while providing viewers with a basic understanding of the key elements in the lockout/tagout process.	English, Spanish	21	1	

Motorized Pallet Jack Safety	This course covers the dangers of using a motorized pallet jack and how to safely operate it.	English, Spanish	30	1	
Move It Safely: Avoiding Injury While Moving Materials	Topics in this course include the training of employees in safe material handling techniques while also maintaining the proper attitude and state of mind to use their training each time they lift or move an object.	English, Spanish	20	1	
New Hire Safety Essentials	This safety training provides the information, procedures and protective equipment necessary to prevent injuries.	English, Spanish	15	1	
New OSHA Safety Regulations for Cranes and Derricks	This program will elaborate on the new standards and the employers' responsibilities.	English	22	1	
Office Safety Training	Topics covered include safety awareness, safety housekeeping, slips, trips & falls, electrical safety, etc.	English, Spanish	45	1	
Operating A Telehandler Safely	This program deals with the safe operation of a telehandler.	English	25	1	




Operating Order Selectors Safely	Topics include common hazards posed by the operation of order selectors and how to control these hazards through safe operating practices. Topics include order selector stability characteristics, pre-operational inspection, lifting and stacking materials properly, fall prevention, safe traveling techniques, preventing injuries to pedestrians and properly parking the vehicle.	English, Spanish	25	1	
Orientation: Safety in the Workplace	This training covers common OSHA-recognized injury, illness, and fatality categories. Learners will also explore examples of other sources of harm that may not immediately fall under OSHA's General Duty Clause.	English	19	1	
OSHA 10 Hr General Interactive Online Training	Meet regulatory and compliance needs without travel costs, scheduling issues or lost productivity. Consistently train all of your workers globally, any shift, any day, and any time using Online 10 Hour training courses. This course provides the following benefits: helps prevent costly accidents, incidents and OSHA fines at your site.	English	600	18	
OSHA 30 Hr General Interactive Online Training	Meet regulatory and compliance needs without travel costs, scheduling issues or lost productivity. Consistently train all of your workers globally, any shift, any day, and any time using this 30 Hour training courses! This course provides the following benefits: Helps prevent costly accidents, incidents and OSHA fines at your site.	English	1800	30	

OSHA Record-keeping for Employees	Topics covered include work-related injuries and illnesses, recordable medical issues under OSHA guidelines, musculoskeletal disorders, and more.	English, Spanish	45	1	
OSHA Record-keeping for Managers and Supervisors	Topics covered include revisions in the regulation, why recordkeeping is important, which recordkeeping requirements apply to specific work environments, using the new recordkeeping forms, "recordable incident" scenarios, etc.	English, Spanish	45	1	
OSHAs Top 10	Whether your career philosophy is that you live to work, or if you work to live, your health and safety should never be sacrificed for productivity. Whatever your position you must become aware of the hazards involved in your work and the strategies required to ensure safe work and respond to emergencies. Every task comes with its own set of risks. Think about your work environment. What could go wrong?	English, Spanish	53	1	
Overhead Pendant Hoist Safety	This program will focus on overhead rail mounted hoists. These hoist operating systems are electric, pneumatic and hand-operated chain hoists.	English	15	1	
Oxygen Acetylene Welding and Cutting Safety	This program concentrates on the equipment and not on other hazards associated with welding.	English	25	1	

Personal Protective Equipment	Topics covered include review personal protective equipment (PPE) standard, PPE for eye and face hazards, PPE for respiratory hazards, PPE for head hazards, PPE for foot hazards and the significance of American National Standards Institute (ANSI) and Canadian Standards Association (CSA) standards for safety footwear.	English, French	30	1	
Personal Protective Equipment	Topics covered include review of OSHA's personal protective equipment (PPE) standard, PPE for eye and face hazards, PPE for respiratory hazards, PPE for head hazards, PPE for foot hazards, PPE for electrical hazards, PPE for hand and finger hazards and more, etc.	English, Spanish	45	1	
PNS - Suspended Scaffolding Safety	Topics covered include responsibilities of a "scaffold expert", platforms and planking, the danger of power lines, platform hazards, personal fall arrest systems, guarding against falling objects, and more, etc.	English, Spanish	20	1	
PPE: Are You Covered?	Topics covered include what is PPE, types of PPE, requirements for PPE, employer responsibility for providing PPE, hazard assessment and documentation, proper use of PPE, retraining, eye and face protection, head protection (types of hard hats), hand and arm protection, foot and leg protection, types of protective gloves, etc.	English	35	1	

Preventing Sexual Harassment for Managers	Topics covered include what is sexual harassment?, company policy and offensive behavior, sexual harassment in your department, handling a report of sexual harassment, the “fact-finding” process, and etc.	English, Spanish	45	1	
Preventing Workplace Discrimination for Employees	Topics covered include discrimination and the law, company policy and discriminatory behavior, how to respond to discrimination, reporting workplace discrimination, etc.	English, Spanish	35	1	
Preventing Workplace Discrimination for Managers and Supervisors	Topics covered include discrimination, the workplace and the law, discrimination and company policy, preventing discrimination in your department, handling a report about workplace discrimination, the "fact-finding" process, etc.	English	35	1	
Rear Loader Safety and Operations	The program focuses on vehicle operation with an emphasis on safety.	English	20	1	
Respiratory Protection and Safety	Topics covered include how the respiratory system works, common types and causes of respiratory hazards, potential effects of respiratory hazards, good respiratory safety practices, respiratory safety equipment, OSHA's assigned protection factors for respirators, fit testing protocols, cleaning/disinfecting procedures, etc.	English, Spanish	45	1	

Rest Stop Routines	This program offers various exercises for specific areas of the body that are affected by sitting for long periods of time in the same position.	English	14	1	
Rigging Safety Training	Topics covered include rigging and crane safety, choosing the right sling for the load, types of hitches and how to use them, standard hand signals, lifting, moving and lowering a load safely, etc.	English	30	1	
Safe Lifting	Topics covered include the back's structure and function, preparing for a lift, the mechanics of safe lifting, planning a "carry", etc.	English, Spanish	45	1	
Safe Operation of Cranes and Hoists	This program emphasizes the safety procedures when operating cranes and hoists.	English	30	1	
Safety Attitudes and Actions	This module will help you to develop safety awareness, and help you to understand how your attitude can be a critical factor in accident prevention.	English	30	1	
Safety Audits	Topics covered include performing a "workplace analysis", "systems of controls", evaluating your work area, performing a "personal" safety audit, dealing with accidents, etc.	English, Spanish	45	1	

Safety Awareness 101 for New Employees	Topics covered include understanding the importance of being safe on the job, recognizing hazards they may encounter in the workplace, understanding how good housekeeping can prevent slips, trips and falls, knowing how to lift and carry safely, knowing how to use hand and power tools, and powered machinery, safely, understand specific procedures that can help to prevent forklift accidents, knowing how to avoid electrical hazards, understanding how to use personal protective equipment (PPE) to guard against workplace hazards, understanding how their facility's emergency action plan can save lives and minimize damage in a crisis, knowing what to do when confronted by health emergencies in the workplace, etc.	English, Spanish	45	1	
Safety Bob's Comprehensive Construction Safety Orientation	Topics include PPE, Excavation, Ladder Safety, Scaffolding, Fall Protection and Electrical Safety.	English	24	1	
Safety Housekeeping and Accident Prevention	Topics covered include developing a good safety attitude, maintaining a neat and orderly work environment, using tools and equipment, identifying, and storing hazardous materials, hazardous materials cleanup and disposal, personal protective equipment, etc.	English, Spanish	45	1	





Safety Leadership: An Essential Safety Element	Topics include the definition, responsibilities, and skills of a safety leader.	English	15	1	
Safety Orientation	Topics covered include preparing mentally for the job, safety housekeeping and accident prevention, personal protective equipment, safe work practices, preparing for emergencies, etc.	English, Spanish	35	1	
Safety Showers and Eye Washes	Topics covered include slips, trips, and falls, industrial ergonomics, using hand and power tools and machinery safely, forklift safety, electrical safety and lockout/tagout, hazard communication and personal protective equipment, fire prevention and emergency procedures, health emergencies, first aid and bloodborne pathogens, etc.	English, Spanish	45	1	
Sanitation And Health Food Service Workers	Topics covered include food contamination, high temperatures, pesticides and insect sprays, sanitizing, cleaning, food storage, flies, cockroaches, rats and mice, carbon filters, thermometers, and wooden cutting boards, etc.	English	25	1	
Sexual Harassment for Employees	Topics covered include what constitutes sexual harassment, behaviors to avoid, recognizing victims and harassers, avoiding accidental harassment, how to handle a sexual harassment incident, reporting sexual harassment to management, etc.	English, Spanish	45	1	

Shattered: The Jeff Walters Story	This program combines testimonials, a live presentation, and re-enactments to teach important safety lessons.	English	17	1	
Skid Steer Safety	Topics covered include the potential risks to the skid steer and how to account for them.	English	20	1	
Slips, Trips and Falls	Topics covered include demonstrating situations that lead to slips, trips & falls, and what they can do to avoid or prevent these accidents.	English, Spanish	35	1	
Slips, Trips and Falls	Topics covered include why slips, trips, and falls occur, common causes of accidents, potential health effects of resulting injuries, techniques used to avoid injury, the importance of safety shoes, how to fall safely, etc.	English, French	25	1	
Sodium And Calcium Hypochlorite	Topics covered include sodium and calcium hypochlorite, storage and use, safety, health effects, first aid, personal protective equipment (PPE), disposal and emergency response, etc.	English	20	1	
SPS - Supported Scaffolding Safety	Topics covered include supported scaffolds and OSHA regulations, building a firm foundation, assembling a secure platform, accessing a scaffold safely, fall protection, and more, etc.	English, Spanish	45	1	





Stormwater Pollution Prevention Plan General Awareness Training	This course covers how stormwater may cause pollution to external areas, the dangers this may cause, and the preventative measures.	English	45	1	
Supported Scaffolding Safety in Industrial and Construction Environments	This course discusses supported scaffolds, how they should be constructed, the hazards that are associated with them, the OSHA regulations that address these hazards and the equipment and procedures that employees should use to work with them safely.	English, Spanish	45	1	
Take Time for Safety	Topics covered include learning the hazards associated with rushing and being in a hurry. Through various examples, viewers will learn to recognize the symptoms of becoming rushed, why "hurried working" is so dangerous and what steps they can take to stay safe.	English	16	1	
There's No Excuse for Unsafe Acts	Topics covered include wearing proper protective equipment, following safe work practices, using the correct tool for the job and asking for assistance when unsure how to proceed safely.	English	8	1	
To The Point About Personal Fall Arrest Systems	Topics include the three components of a personal fall arrest system, calculating total fall distance, safe use of self-retracting lifelines, using fall arrest equipment 100% of the time, and survival & rescue after a fall event.	English, Spanish	30	1	

Trenching and Shoring Safety	Topics covered include the hazards of trenching, the competent person and worksite inspection, soil types and protective systems, ongoing inspection and testing, access, egress, setback, and equipment, working defensively, etc.	English, Spanish	45	1	
Truck Mounted Articulating Knuckle Boom Cranes	Topics covered include crane operators, pre, start-up inspection, crane safety check, crane operation & use, etc.	English	13	1	
Understanding Your Facility's Stormwater Pollution Prevention Plan	Topics covered include the National Pollution Discharge Elimination System, the multi-sector general permit, stormwater pollution prevention teams, site assessments of potential sources of stormwater pollution, various methods of minimizing pollutant exposure, spill, and leak response and the three types of stormwater discharge inspections, etc.	English, Spanish	45	1	
Universal Precautions - Infection Control Procedures	This program addresses the generally accepted practices related to all types of infections to ensure the safety of oneself and others in the workplace.	English, Spanish	15	1	
Unsafe Acts Human Behavior	Topics covered include the types of unsafe acts by employees and corrective methods.	English	15	1	
Valve Crew Safety Interactive Training	This interactive training course covers valve maintenance and valve crew safety.	English	15	1	





Walking and Working Surfaces	Topics covered include the fundamentals of safe surfaces, walkways and floors, stairs and fixed ladders, portable ladders, scaffolding, etc.	English, Spanish	45	1	
Walking Safely in Icy Conditions	This course covers the dangers and risks of icy conditions as well as preventative measures.	English	15	1	
Water And Sewer Treatment Plant Safety	Topics covered include housekeeping, maintenance, forklifts, confined spaces, noise, chemicals, etc.	English	25	1	
Welding and Cutting	Welding and cutting are dangerous operations that require certain safety precautions. To help keep the workplace safe, OSHA provides some general safety guidelines. In addition to the general guidelines, there are additional safety rules that must be followed for each specific type of welding and cutting - namely, gas welding and cutting, arc welding and cutting, and resistance welding. All of these requirements are covered in this course.	English	60	1	
Welding Safety	Topics covered include getting authorization for welding operations, sparking and the risk of fire, guards and protective barriers, hazardous fumes and ventilation, the use of respirators, eye protection (welding helmets/filters/glasses/goggles), using other personal protective equipment, inspecting welding equipment, proper welding safety procedures, etc.	English, Spanish	45	1	

Working From Home	Topics covered include challenges that can be faced from working from home and what people can do to meet them.	English	45	1	
Workplace Stress	Topics covered include situations causing stress, positive versus negative stress, recognizing symptoms of stress, effects of stress on the mind and body, eliminating stress factors, stress-relieving exercises, etc.	English, Spanish	45	1	
Workplace Violence	Topics covered include what is violence, warning signs to watch for, handling aggressive behavior, avoiding injury if violence does occur, etc.	English, Spanish	35	1	
Young Worker Safety Orientation	This course outlines what young workers need to know about health and safety legislation; rights and responsibilities of employers, supervisors, and workers; the types of hazards young workers may encounter; and safe work practices.	English	60	1	

Hazardous

Course Name	Description	Language s	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Accidental Release Measures and Spill Cleanup Procedures: HAZWOPER	Topics covered include the hazard communication program, the emergency response plan, the five levels of HAZWOPER emergency response training, personal protective equipment, site characterization, spill cleanup, decontamination procedures, etc.	English	45	1	
CPE - HAZWOPER Personal Protective Equipment: HAZWOPER	Topics covered include the roles of personal protective equipment, level A personal protective equipment, level B personal protective equipment, level C personal protective equipment, level D personal protective equipment, PPE, heat stress, etc.	English	45	1	
Dealing With Hazardous Spills	Topics covered include cleaning up hazmat spills according to OSHA guidelines, preventing spills before they occur, knowing the OSHA approved emergency response plan and proper steps to take, preparing properly for a HAZMAT spill, keeping those around you safe from hazardous materials, etc.	English, Spanish	45	1	
DEC - Decontamination Procedures: HAZWOPER	Topics covered include safe work practices, engineering controls, levels of personal protection, the exclusion zone, heat stress, the need for decontamination, the contamination reduction corridor (CRC), decontamination equipment and solutions, decontamination procedures, etc.	English	45	1	




Annual access to eLearning health and safety courses from our library. Any access not used up during the annual term expires and does not carry over. Access to additional courses may be purchased in blocks of 50. A course is considered accessed when it is assigned to a user.





DOT HAZMAT General Awareness	Topics covered include hazardous materials regulations, training requirements, hazardous materials in the workplace, shipping papers and the emergency response guidebook, packing and loading hazardous materials, shipping, and unloading hazardous materials, etc.	English, Spanish	45	1	
DOT HAZMAT Safety	Topics covered include DOT HAZMAT regulations and training, HAZMAT labels, placards and hazard classes, shipping papers and emergency response information, using the dot emergency response guidebook, shipping and receiving HAZMATs, HAZMAT emergencies and exposure, etc.	English, Spanish	45	1	
DOT HAZMAT Security Awareness	Topics covered include the need for HAZMAT security training, understanding internal threats, securing HAZMATs and the facility, preparing to ship hazardous materials, protecting HAZMAT shipments, unloading HAZMAT, etc.	English, Spanish	45	1	
DOT In-Depth HAZMAT Security	Topics covered include the dot hazmat security regulations, creating a security plan, preventing "unauthorized access", the fundamentals of safe shipping, protecting HAZMATs while they are en route, receiving shipments of hazardous materials, etc.	English, Spanish	45	1	



EMM - Exposure Monitoring and Medical Surveillance: HAZWOPER	Topics covered include direct-reading instruments, sampling collection devices, site characterization, general on, site monitoring, perimeter monitoring and personal monitoring, medical surveillance programs, medical examinations and written medical opinions, etc.	English	45	1	
GHS Container Labels	Topics covered include the goals of the hazard communication standard, the benefits of the GHS system, GHS hazard pictograms, the text elements of GHS container labels, etc.	English, Spanish	45	1	
HAL - HAZMAT Labeling: HAZWOPER	Topics covered include where hazardous material labels are used, OSHA labeling requirements, most common labeling systems, DOT hazard class labels and placards, the hazardous materials identification system (HMIS), target organ information labels, the national fire prevention association (NFPA) labeling system, hazardous waste labels, etc.	English	45	1	
Handling Hazardous Materials: HAZWOPER	Topics covered include flammables and combustibles, explosives and oxidizers, corrosives and irritants, toxic substances and carcinogens, acute and chronic health effects, container labels and SDSs, emergency response and spillage/leakage/accident procedures, etc.	English	45	1	





Hazard Communication in Auto Service Facilities	Topics covered include GHS safety data sheets and container labels, toxins, corrosives and irritants, flammables, combustibles and gases, carcinogens and radiation, exposure situations, personal protective equipment and chemical storage, spills and cleanup, etc.	English, Spanish	45	1	
Hazard Communication in Cleaning and Maintenance Facilities	Topics covered include GHS safety data sheets and container labels, toxins, corrosives and irritants, flammables, combustibles and gases, carcinogens and radiation, exposure situations, personal protective equipment and chemical storage, spills and cleanup, etc.	English	45	1	
Hazard Communication in Industrial Facilities	Topics covered include GHS safety data sheets and container labels, toxins corrosives and irritants, flammables combustibles and gases, carcinogens and radiation, exposure situations, PPE, and chemical storage, etc.	English, Spanish	45	1	
Hazard Communication in the Hospitality Industry	Topics covered include GHS safety data sheets and container labels, toxins, corrosives and irritants, flammables, combustibles and gases, carcinogens and radiation, exposure situations, personal protective equipment and chemical storage, spills and cleanup, etc.	English, Spanish	45	1	

Hazard Recognition	Topics covered include the need for hazard recognition, hazardous conditions, and unsafe acts, identifying hazards in advance, real-time hazard recognition, investigating accidents and near misses, etc.	English, Spanish	45	1	
Hazardous Materials Labels	Topics covered include regulatory labeling requirements, GHS labels, DOT hazard class labels, HMIS labels and the NFPA labeling system, hazardous waste labels, etc.	English, Spanish	30	1	
HAZCOM: In the Know	Topics covered include what HAZCOM is and why it's important, hazard classifications, safety data sheets, what makes a chemical a health hazard, labeling, 9 pictograms and their meanings, information and training, control measures, etc.	English	35	1	
HAZWOPER Heat Stress: HAZWOPER	Topics covered include how the body reacts to heat, the role of fluids and minerals, preventing heat, related illnesses, heat rash, heat exhaustion and heat stroke, recognizing symptoms, first aid, acclimatization, etc.	English	45	1	
HAZWOPER Safety Orientation: HAZWOPER	Topics covered include preparing for working with hazardous materials, avoiding bad mental habits and complacency, working at the right pace, controlling emotions, adjusting to the limitations of personal protective equipment mental discipline, acquiring the information you need to work safely, etc.	English	45	1	




HAZWOPER: Understanding Chemical Hazards	Topics covered include chemical hazard concepts, types of hazardous chemicals, characteristics and effects of various types of chemicals, the material safety data sheet (MSDS), container labeling, safe handling practices, use of personal protective equipment (PPE), spills and cleanup, and etc.	English	45	1	
HCSE - HAZWOPER Confined Space Entry	This video program can assist facilities in complying with the employee training requirements of OSHA's HAZWOPER regulation (29 CFR 1910.120), and help employees understand how to reduce or eliminate potential exposure to hazardous materials in their confined space work environments.	English	21	1	
HEXAVALENT CHROMIUM EMPLOYEE Learn Hexavalent Chromium Safety	Topics include characteristics and properties of hexavalent chromium, effects of exposures, engineering and work practice controls, medical surveillance, the respiratory protection program, protective clothing and equipment, proper housekeeping and responding to exposures.	English, Spanish	17	1	




Introduction to HAZWOPER Retraining: HAZWOPER	Topics covered include background of the HAZWOPER regulations, the site safety and health plan, the emergency response plan, site characterization and the site control program, systems of controls and standard operating procedures, personal protective equipment, exposure monitoring, decontamination and medical surveillance programs, etc.	English	45	1	
MED - Medical Surveillance Programs: HAZWOPER	Topics covered include the definition of medical surveillance, medical examinations, permissible exposure limits (PELs), written medical opinion, medical records, etc.	English	45	1	
MON - Monitoring Procedures and Equipment: HAZWOPER	Topics covered include detecting hazardous materials, direct, reading monitoring instruments, sampling collection devices, hazards that are "immediately dangerous to life and health" (IDLH), confined spaces, general on-site monitoring, perimeter, periodic and personal monitoring, etc.	English	45	1	
Personal Protective Equipment and Decontamination Procedures: HAZWOPER	Topics covered include safe work practices, engineering controls, levels of personal protection, heat stress, the need for decontamination, the contamination reduction corridor (CRC), etc.	English	45	1	





Safety Data Sheets in HAZWOPER Environments	Topics covered include the importance of safety data sheets when working with hazardous chemicals, the SDS's role in the hazard communication standard, the advantages of the new SDS format, the four basic questions the SDS is designed to answer what is the material and what are its hazards? What should I do if a problem occurs? What precautions should I take when working with this material, a review of the sections in the SDS, etc.	English	45	1	
Site Safety and Health Plan: HAZWOPER	Topics covered include plan guidelines and goals, medical surveillance, job hazard analysis, the five levels of training and responsibilities for HAZMAT emergency responders, site evaluation, personal protective equipment, spill cleanup procedures, decontamination, etc.	English	45	1	



Understanding HAZWOPER	Topics covered include the history of the HAZWOPER regulations, definitions of hazardous chemicals and waste, container labels and material safety data sheets (MSDSs), the site safety and health plan, HAZWOPER training requirements, the site control program, monitoring of hazardous substances, the medical surveillance program, decontamination, etc.	English	45	1	
WHMIS - 2015	Topics include describing the Workplace Hazardous Materials Information System – WHMIS – and how to effectively apply it at your work.	English, French	30	1	
WHMIS - 2022	This course explains the Workplace Hazardous Materials Information System (WHMIS) and its application, aligned with the Global Harmonization System (GHS). It covers WHMIS rules, hazard classes, pictograms, and safety procedures. Amendments to regulations align with GHS and provide a 3-year transition period ending December 14, 2025.	English, French	45	1	
Work Practices and Engineering Controls: HAZWOPER	Topics covered include hazmat work practices, hazmat engineering controls, the site safety and health plan, responsibilities of the site safety and health officer, ventilation systems, remote-controlled equipment, the use of eyewash stations, etc.	English	45	1	

Healthcare





Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Bloodborne Pathogens in Healthcare Facilities	Topics covered include HIV, hepatitis and sources of infection, The Exposure Control Plan, biohazard labeling, reducing the risk of exposure, personal protective equipment, hepatitis vaccination, post, exposure procedures, etc.	English, Spanish	60	1	
Coronavirus: Guarding Against Covid-19	This program provides basic information and important resources as provided by global authorities such as The World Health Organization (WHO) regarding the COVID-19 virus.	English, Spanish	8	1	
COVID-19 in Healthcare Environments (OSHA's Emergency Temporary Standard)	Although the Coronavirus surfaced in the U.S. in early 2020, it feels like we've been living with it forever, in our workplaces, homes and communities as well as in the media and on the internet. Millions of people in the U.S. have contracted the virus. Hundreds of thousands have died. And thousands of others are experiencing long-term health effects from the virus.	English, Spanish	24	1	

COVID-19 preparedness for employers and employees	Topics covered include describing what coronaviruses are and the health concerns associated with coronavirus disease 2019 (COVID-19), recalling the signs and symptoms of COVID-19, summarizing the ways that the SARS-COV-2 virus is transmitted and the ways to prevent its spread, describing how to care for COVID-19 patients at home, outlining COVID-19 workplace preparedness considerations, etc.	English	30	1	
CPR 2000 Online Training	Topics covered include risk factors of a heart attack, heart attack and stroke symptoms, good Samaritan law, cardiopulmonary resuscitation (CPR), saving lives, review, complications of CPR, infant CPR, under the age of one, children CPR - Ages 1 to 8 years old, chain of survival, etc.	English	16	1	
Hazard Communication in Healthcare Facilities	Topics covered include, GHS safety data sheets and container labels, toxins, corrosives and irritants, flammables, combustibles and gases, carcinogens and radiation, exposure situations, personal protective equipment and chemical storage, spills and cleanup, etc.	English, Spanish	45	1	


HIPAA Rules and Compliance	Topics covered include, HIPAA and protected health information (PHI), covered entities, business associates and subcontractors, PHI and patients' rights, guidelines for use and disclosure of PHI, using PHI for marketing and fundraising, requirements of the HIPAA security rule, breach notification and penalties, etc.	English, Spanish	45	1	
Occupational Health and Safety (OHS) Legislation	This OHS Legislation online training course explores the purpose of occupational health and safety (OHS) legislation.	English	30	1	
Occupational Health and Safety Program Development	In this course, you will learn about developing an occupational health and safety (OHS) program - a plan of action that sets out the requirements and procedures to prevent situations that could cause injuries, occupational illnesses, or fatalities.	English	30	1	
Preventing The Spread of Contagious Illness	Topics include information about seasonal flu, avian flu, SARS and MRSA in addition to swine flu, explains the origins and symptoms of these illnesses as well as the general hygiene and prevention measures required to prevent spreading and contracting all contagious illnesses.	English	20	1	

Tuberculosis in the Healthcare Environment	Topics covered include the resurgence of tuberculosis, how TB spreads and guidelines for fighting it, TB risks in healthcare environments, medical surveillance, engineering controls, wearing a respirator, working with and treating active TB, and etc.	English, Spanish	25	1	
Workplace Violence in Healthcare Facilities	Topics covered include the history of violence in healthcare facilities, OSHA guidelines for preventing violence, identifying, and controlling the potential for violence, employee education and training, responding to violence, etc.	English, Spanish	45	1	





Industrial

Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Asbestos Awareness	Topics covered include asbestos, containing materials, wet methods for cleaning asbestos, PPE necessary for asbestos cleaning and more, etc.	English, Spanish	45	1	
Bloodborne Pathogens in Commercial and Industrial Facilities	Topics covered include bloodborne pathogens: HIV and hepatitis, infection and The Exposure Control Plan, methods of exposure control, personal protection, and vaccination, housekeeping and “regulated waste”, accidental exposure procedures, etc.	English, Spanish	30	1	
Conflict Resolution in Industrial Facilities	Topics covered include recognizing common sources of conflict in the workplace, creating compromises to resolve tense situations, collaborating better with co-workers to create safe, OSHA-approved environments, avoiding escalation, and stop serious problems from occurring, seeing the positive side of a conflict, including innovation and change, etc.	English, Spanish	45	1	
Controlling Exposure to Bloodborne Pathogens	This course discusses the new methods of infection control established to prevent the spread of AIDS and Hepatitis B.	English	25	1	




Forklift and Powered Industrial Lift Trucks Safety	This course covers the dangers and risks associated with operating forklifts and powered industrial lift trucks and safety methods to avoid them.	English, Spanish	45	1	
Forklift Safety: Industrial Counterbalance Lift Trucks training	Topics covered include what makes forklifts different, driving a forklift safely, using the mast and forks, operating safely in the workplace, inspecting a forklift, refueling and recharging safely, etc.	English, Spanish	60	1	
Industrial Fire Prevention	Topics covered include how fires burn, the four most common classes of fires, extinguishing fires, handling flammable materials safely, how to prevent fires, dealing with a fire emergency, etc.	English, Spanish	45	1	
Pedestrian Safety in Industry	Topics covered include awareness of walking hazards, understanding & obeying, workplace signs, parking lots, and slips, trips & falls, etc.	English	14	1	
Warehouse Safety	Topics include staying safe by identifying the specific hazards they can encounter while working in a warehouse and providing them with the practical procedures that they can use to avoid them.	English, Spanish	60	1	

Workplace Harassment in Industrial Facilities: General Safety Series	<p>Topics covered include the nature of workplace harassment, how to recognize various types of harassment, how to handle verbal abuse and threats, the many forms harassment can take, how to recognize the many variations of assault, knowing what to do and what not to do when confronted with a stalker, how fostering a positive workplace environment can increase productivity and safety, etc.</p>	<p>English, Spanish</p>	<p>45</p>	<p>1</p>	
---	--	-------------------------	-----------	----------	---





Laboratory

Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Electrical Safety in the Laboratory: Laboratory Safety Series	Topics covered include how electricity works, common electrical hazards, fuses, circuit breakers and grounding, using and maintaining electrical equipment, accidents and emergency procedures, etc.	English	45	1	
Flammables and Explosives in the Laboratory: Laboratory Safety Series	Topics covered include definitions of flammables and explosives, conditions that can create hazards, the role of ventilation in preventing problems, transporting flammables and explosives, storage considerations, using compressed gases, emergency planning, disposal, etc.	English	45	1	
GHS Safety Data Sheets in the Laboratory	Topics covered include material safety data sheets and GHS SDS, materials and their hazards, hazardous materials emergencies, handling hazardous materials, etc.	English	45	1	
Handling Compressed Gas Cylinders in the Laboratory	Topics covered include the four ways to compress gases, hazards associated with compressed gases, proper storage procedures, marking and labeling, handling cylinders safely, connections and fittings, leak detection, etc.	English	45	1	

Handling Compressed Gas Safely in the Laboratory	This course covers the dangers and risks associated with handling compressed gas and safety methods to avoid them.	English	45	1	
Laboratory Ergonomics: Laboratory Safety Series	Topics covered include parts of the body most susceptible to ergonomic problems, arranging work areas to minimize stress and strain, working from "neutral" positions, most and least stressful types of body movements, proper lifting techniques, effective stretching exercises, etc.	English	45	1	
Laboratory Hoods: Laboratory Safety Series	Topics covered include why laboratory hoods are needed, protections afforded by hoods, how hoods function mechanically, proper use of laboratory hoods, testing and maintenance, etc.	English	45	1	
Orientation to Laboratory Safety	Topics covered include OSHA regulations, material safety data sheets (MSDSs), planning safe experiments, personal protective equipment, ventilation controls, chemical storage, accidents and emergencies, waste disposal, etc.	English	45	1	
Preventing Contamination in the Laboratory	Topics covered include how contamination occurs, general preventative measures, engineering controls, safe work practices, personal protective equipment, etc.	English	45	1	

Safe Handling of Laboratory Glassware: Laboratory Safety Series	Topics covered include inspecting glassware before use, effects of extreme temperatures and pressures, matching glassware to the experiment, working with glass tubing, using personal protective equipment, storage, and handling, washing and cleanup, etc.	English	45	1	
Safety Showers and Eye Washes in the Laboratory: Laboratory Safety Series	Topics covered include slips, trips, and falls, industrial ergonomics, using hand and power tools and machinery safely, forklift safety, electrical safety and lock-out/tag-out, hazard communication and personal protective equipment, fire prevention and emergency procedures, health emergencies, first aid and bloodborne pathogens, etc.	English	45	1	
The OSHA Formaldehyde Standard: Laboratory Safety Series	Topics covered include potential health hazards, testing for permissible exposure limits (PEL), labeling and material safety data sheets, hoods and other ventilation systems, personal protective equipment, spill, cleanup and decontamination procedures, first aid, the medical surveillance plan, etc.	English	45	1	





Microlearning

Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Pause for Performance: Arc Flash	Topics include what an Arc Flash is and where to find the information needed to avoid an incident.	English	3 - 5	1	
Pause for Performance: Back Safety	Topics include reminding employees to take time before doing any job to consider how to do it safely, helping them follow proper procedures and safe work practices to avoid back injuries, and protecting their backs from injury is a huge step toward staying safe on the job.	English	2	1	
Pause for Performance: Bleeding	Topics covered include assessing the situation, preventing exposure from bloodborne pathogens, stopping the bleeding, cleaning, and protecting the wound, knowing when to get professional medical help, etc.	English	3	1	
Pause for Performance: Bloodborne Pathogens	Topics covered include what are bloodborne pathogens, how bloodborne pathogens spread, lower your risk, safe work practices, etc.	English	2	1	

Pause for Performance: Bone Injuries	Topics covered include understanding the differences between fractures and dislocations, appreciating the need to immobilize the injured area, using ice packs to reduce swelling, identifying the cases that need emergency medical attention, etc.	English	3	1	
Pause for Performance: Burns	Topics covered include differentiating the different degrees of burns, treating major and minor burns, identifying cases when it's imperative to call emergency assistance, etc.	English	3 to 5	1	
Pause for Performance: Cold Weather Safety	Topics covered include cold stress, common types of cold stress, protecting yourself from cold stress, etc.	English	2	1	
Pause for Performance: Commitment	Topics covered include what is commitment, why is commitment important, building commitment, etc.	English	2	1	
Pause for Performance: Communication	Topics covered include what is communication, communication in the workplace, methods of communication, improving communication, etc.	English	3	1	
Pause for Performance: Compassion	Topics covered include what is compassion, compassion in the workplace, increasing compassion, etc.	English	2	1	




Pause for Performance: Competence	Topics covered include competence, qualities of competence, increasing your competence, etc.	English	3 to 5	1	
Pause for Performance: Confined Spaces	Topics covered include, what is a confined space, permit, required confined space, entry team members and training, etc.	English	3 to 5	1	
Pause for Performance: Dealing with Fatigue	Topics covered include fatigue, acute or chronic, dangers of fatigue, dealing with fatigue, etc.	English	3 to 5	1	
Pause for Performance: Dealing with Stress	Topics covered include common causes, dangers of stress, managing stress, etc.	English	3 to 5	1	
Pause for Performance: Distracted Driving	Topics covered include what is distracted driving, types of distractions, distracting activities, etc.	English	2	1	
Pause for Performance: Diversity and Inclusion	Topics include taking advantage of different skills and understandings, understanding the benefits of an inclusive workplace: engaged, productive, and innovative employees, integrating inclusion across the entire organization, etc.	English	3	1	
Pause for Performance: Electrical Safety	Topics covered include electrical hazards, hazards of electricity, electrical safety, etc.	English	3	1	



Pause for Performance: Electrical Shock	Topics covered include knowing what (not) to do when responding to cases of electrocution, from switching off the current to removing the victim away from the electrical source, recognizing the conditions that need professional help, etc.	English	3	1	
Pause for Performance: Emergency Evacuations	Topics include understanding your facility's emergency reporting procedures, as well as the different alarms, conditions, and responses related to an evacuation.	English	2	1	
Pause for Performance: Eye Safety	Topics covered include types of eye protection, inspection, cleaning, storage, etc.	English	3 to 5	1	
Pause for Performance: Falls	Topics covered include causes of falls, protecting yourself, etc.	English	2	1	
Pause for Performance: Fire Extinguishers	Topics covered include fire extinguishers, before using a fire extinguisher, using an extinguisher, etc.	English	3 to 5	1	
Pause for Performance: Foot Safety	Topics covered include when foot protection is needed, protecting against hazards, comfortable and practical fit, inspection, cleaning and maintenance, and etc.	English	2	1	

Pause for Performance: Forklift Safety	Topics covered include the importance of forklift safety, environmental hazards, operational hazards, best practices, etc.	English	2	1	
Pause for Performance: GHS	Topics covered include what is GHS, why we use GHS, hazard classification, GHS pictographs and labels, safety data sheets, etc.	English	2	1	
Pause for Performance: Hand Safety	Topics covered include potential hand hazards, types of gloves, selecting the proper hand protection, inspection and care, etc.	English	2	1	
Pause for Performance: Handwashing	Topics covered include spreading germs, when to wash your hands, procedures, etc.	English	2	1	
Pause for Performance: Head Safety	Topics covered include types of hazards for head protection, types of head protection, inspection, replacement, and cleaning, etc.	English	2	1	
Pause for Performance: Health and Wellness	Topics covered include health and wellness, health and wellness in the workplace, ways to improve your health, etc.	English	2	1	
Pause for Performance: Hearing Safety	Topics covered include types of hearing protection, earplugs, earmuffs, inspection, cleaning, and storage, etc.	English	2	1	




Pause for Performance: Heat Stress Safety	Topics covered include heat stress, related heat injuries, symptoms of heat illnesses, protection from heat illnesses, etc.	English	2	1	
Pause for Performance: Holiday Safety	Topics covered include potential hazards, making the holidays safer, etc.	English	3	1	
Pause for Performance: Hotel Safety	Topics covered include pre-trip planning, hotel dos and don'ts, etc.	English	3 to 5	1	
Pause for Performance: Housekeeping	Topics covered include the benefits of good housekeeping, housekeeping steps, etc.	English	5	1	
Pause for Performance: How to Address Substance Abuse/Addiction	This program explains that since substance abuse is a disease, it should be handled with care, sympathy, and understanding. It does away with misconceptions and discusses the delicate questions of how and when suspected cases of substance abuse are to be reported.	English	3	1	
Pause for Performance: Ladder Safety	Topics covered include common ladder hazards, safe ladder use, climbing a ladder, etc.	English	2	1	
Pause for Performance: Lockout/Tagout	Topics covered include practices and procedures, lockout, tagout, etc.	English	3	1	



Pause for Performance: Marijuana is Legal in Several States	Topics covered include what to do if an employee uses marijuana in another state where it is legal and tests positive upon her return to work where it is not, whether and to what extent marijuana use should be treated as cocaine or other illegal drugs, how to deal with medical and recreational uses of marijuana in all cases, the program stresses the importance of writing, defining, and communicating a clear policy, etc.	English	3 to 5	1	
Pause for Performance: Mind's Eye	Topics covered include mind's eye, envision task, etc.	English	2	1	
Pause for Performance: Pinch Points	Topics covered include pinch points, where pinch points can happen, protection against pinch points, etc.	English	2	1	
Pause for Performance: Respiratory Protection	Topics covered include the importance of respiratory protection, how respirators work, using respirators, etc.	English	3 to 5	1	
Pause for Performance: Safety Data Sheets	Topics covered include Safety Data Sheets (SDS), comprehensive information, three important questions, etc.	English	2	1	

Pause for Performance: Sexual Harassment - Hostile Environment	Topics covered include examples of hostile environment, the notion of severity and pervasiveness, the impact of harassment on witnesses or bystanders, speaking out and reporting harassment, etc.	English	3	1	
Pause for Performance: Sexual Harassment - Quid Pro Quo	This program defines quid pro quo and empowers employees to speak out against harassment as well as understand the impact sexual harassment has on victims, morale, and productivity, and notes that it happens between employees of the same gender.	English	3	1	
Pause for Performance: Slips & Trips	Topics covered include the definition of slips and trips, causes of slips, causes of trips, preventing slips and trips, etc.	English	3	1	
Pause for Performance: Strains & Sprains	Topics covered include what are strains and sprains, common treatments, following safe work practices, etc.	English	2	1	
Pause for Performance: The Importance of Having a Substance Abuse Program in Place	This program shows the key elements of a substance abuse program in the workplace: clear guidelines, penalties for violations, time off, rehabilitation, insurance, and drug testing.	English	3	1	
Pause for Performance: Total Observation	Topics covered include hazards around us, total observation technique, etc.	English	3 to 5	1	

Pause for Performance: Warehouse Safety	Topics covered include warehouse safety, warehouse injuries, safety practices, etc.	English	2	1	
Pause for Performance: Winter Driving	Topics covered include driving in winter more hazardous, preparing your vehicle, driving in winter conditions, etc.	English	3	1	

Office

Course Name	Description	Languages	Runtime Minutes	Number of Accesses Required*	Country Course Produced
Computer Workstation Safety	Topics covered include organization of work materials, maintaining “neutral” positions, positioning the back and torso, avoiding and relieving eyestrain, avoiding and relieving muscle strain, tension and stress reducing exercises, etc.	English, Spanish	45	1	
Conflict Resolution in the Office	Topics covered include the consequences of conflict and how it can disrupt the workplace, how resolving workplace conflict is an integral part of everyone’s job, the common causes of workplace conflict and how to recognize them, diffusing disagreements before they get out of hand, the damage that escalating conflict and violence can do to an organization, how collaboration can be a valuable tool in resolving conflicts, how to apply proven conflict resolution techniques and strategies, etc.	English, Spanish	45	1	
Harassment, Discrimination and Workplace Violence Prevention Training [CAN]	Every work environment should be supportive of the productivity, dignity and self-esteem of every employee. This means ensuring that your work environment is free from harassment, discrimination and violence. This course applies to all employees.	English	40	1	

Prévention du harcèlement, de la discrimination et de la violence en milieu de travail [CAN]	Chaque employé a droit à un lieu de travail respectueux exempt de harcèlement, de discrimination illégale, de violence et de représailles. Ce cours est conçu pour informer les employés de leurs obligations légales et des mesures de prévention à prendre.	French	40	1	
Workplace Harassment in the Office	Topics covered include the nature of workplace harassment, how to recognize various types of harassment, how to handle verbal abuse and threats, the many forms harassment can take, how to recognize the many variations of assault, knowing what to do, and what not to do, when confronted with a stalker, how fostering a positive workplace environment can increase productivity and safety, and etc.	English, Spanish	45	1	

EcoOnline offers a suite of digital safety solutions which can help support your EHS, ESG, Chemical Safety, Contractor Management, and Learning and Training needs. With 25+ years of experience in this space, EcoOnline is trusted by hundreds of thousands of customers in 70+ industries around the globe. Like the canary in the coal mine, we are here to help you create a safer and more sustainable work environment for your people.

Find out more at ecoonline.com